



WELCOME TO THE SEWALL-BELMONT HOUSE AND MUSEUM FAMILY DAY AND OPEN HOUSE: PROJECT 3: EMPOWERED BY ARTISTRY

Thank you for participating in our Family Day! There are different art “stations” located in the tent and garden area. These can be visited in any order, but stations will close at 3:45 p.m. Adult tours, which children may also attend, will also be offered at 1:00, 2:00, and 3:00. These begin on the ground level.

Paper Flowers

Instructor: Danielle Eure

T-Shirt Design

Instructor: Zenobia Rickford

Collage

Instructor: Beth Cartland

Magnet-Making

Instructors: Candice Lee Mason Parrish and Michelle Parrish

Located on the Ground Level:

Meditative Art-Making for Personal and Global Healing

Instructor, Helina Metafarria:

1:00pm - 1:45pm: Workshop I: Art for Personal Healing

2:00pm - 2:45pm: Workshop II: Art for Global Healing

3:00pm - 4:00pm: Community Drawing: Radical Peace and Wellness

(Please note: Each segment of the Meditative Art-Making workshop can be taken separately, although it is highly suggested to stay for the full three hours.)

For more information on the participating organizations, please visit their websites:

**Arts for Global Development
Authentic Art Consulting
Girls Gotta Run, Inc.
ThickArt Collaborative**

**<http://www.art4development.net/>
<http://www.authenticartonline.com/>
www.girlsgottarun.org
<http://www.thickart.com/>**